

SANDWICHES

choose one of ours or create your own

1 CLASSIC ITALIAN salami, capicola, peppered ham, provolone, tomato, romaine, oil and vinegar /11.95

2 THE FRESHI ham, salami, pepperoni, fresh mozz, tomato, romaine, oil and vinegar /11.95

3 THE SUMMER WIND turkey, brie, granny smith apple, pesto, field greens, ciabatta /11.95

4 ITALIAN BLT bacon, fresh mozz, tomato, mesclun, pesto mayo, ciabatta /9.95

5 THE BIG HUG roast beef, caramelized onions, cheddar, horseradish dressing, garlic bread /11.95

6 SLOPPY JOE turkey, roast beef, cole slaw, swiss, russian dressing, rye /10.95

7 PROSCIUTTO DI PARMA fresh mozz, roasted peppers, balsamic vinaigrette /12.95

8 VEGETARIAN grilled eggplant, zucchini & red peppers, fresh mozz, balsamic vinaigrette, semolina /11.95

9 THE TREJO grilled chicken, avocado, pepper jack, bacon, tomato, sweet chili mayo, semolina /11.95

10 MELANZANA fried eggplant, roasted red peppers, fresh mozz, balsamic vinaigrette /11.95

11 AVELLINO grilled chicken, fresh mozz, sun-dried tomato, basil pesto, ciabatta /11.95

12 CHEESE STEAK onions, peppers, mushrooms, american cheese, hero /11.95

13 CHICKEN CHEESE STEAK onions, peppers, mushrooms, american cheese, hero /11.95

14 RED REUBEN homemade corned beef, sweet red cabbage, swiss, russian, rye /11.95

15 ITALIAN HOT DOG two hot dogs, potato, peppers, onions /9.95

16 AMERICANO chicken cutlet, bacon, american cheese, lettuce, tomato, mayo /11.95

17 THE DIESEL roast beef, gravy, fresh mozz /12.95

18 FRIED FLOUNDER lettuce, tomato, tartar sauce /11.95

19 SANTA MONICA grilled chicken, cheddar, avocado relish, tomato, ciabatta /11.95

20 CAROLINA PULLED PORK house-made cole slaw, sesame bun /11.95

21 THE BRASI chicken cutlet, broccoli rabe, provolone /11.95

22 VODKA PARM chicken cutlet, vodka sauce, fresh mozzarella /11.95

35 LUCA'S REVERSE GRILLED CHEESE american cheese, tomato, bacon, semolina hero /9.95

CHICKEN PARM /11.95

EGGPLANT PARM /11.95

THE CLASSICS

SAUSAGE & PEPPERS /11.95

MEATBALL PARM /11.95

PANINI

23 CAPRESE fresh mozz, tomato, basil, balsamic vinaigrette, ciabatta /10.95

24 ROMA chicken cutlet, fresh mozz, bruschetta, balsamic, ciabatta /11.95

25 IRISH DIESEL homemade corned beef, sweet red cabbage, fresh mozz, russian dressing, ciabatta /12.95

26 JAKE'S MUSCLE BEACH grilled chicken, spinach, avocado, melted swiss, caramelized onions, tomato, mayo, semolina /11.95

27 DR. PEPPA cracked pepper turkey, pepperoni, cheddar, tomato, onion, banana pepper sriracha relish, semolina /11.95

28 SLICED STEAK pickled onions, cheddar, avocado, chimichurri aioli, ciabatta /11.95

WRAPS

29 CHICKEN CAESAR grilled chicken, pecorino romano cheese, romaine, caesar /10.95

30 THE GIANCARLO grilled chicken, bacon, avocado, tomato, balsamic /10.95

31 GRILLED CHICKEN AND AVOCADO avocado, lettuce, tomato, pepper jack cheese, chipotle mayo /10.95

32 CAJUN SHRIMP PO' BOY tomato, pickles, horseradish remoulade, lettuce /10.95

33 THE MIGHTY GOAT maple honey turkey, dried cranberries, crumbled goat cheese, mesclun, dijon /10.95

34 STEPH'S TUNA CRUNCH vegetable tuna, tomato, honey bbq chips, light mayo /10.95

SALADS

GRILLED CHICKEN CAESAR parmesan, croutons, romaine, caesar dressing /10.95

GRILLED CHICKEN AND AVOCADO carrots, tomato, tortilla chips, field greens, lemon vinaigrette /11.95

COBB grilled chicken, avocado, tomato, bacon, egg, crumbled blue cheese, romaine, dijon vinaigrette /12.95

GREEK feta, cucumber, red onion, green peppers, tomato, grape leaves, romaine, oil and vinegar /11.95

MANDARIN grilled chicken, mandarin orange, toasted almonds, dried cranberries, field greens, raspberry vinaigrette /11.95

GOAT CHEESE candied walnuts, seedless grapes, field greens, raspberry vinaigrette /10.95

TOSSED cucumbers, carrots, tomatoes, olives, choice of dressing /7.95

CAJUN GRILLED SHRIMP AND AVOCADO tortilla chips, tossed greens, lemon vinaigrette /13.95

HARVEST grilled chicken, granny smith apple, brie, dried cranberries, candied walnuts, romaine, dijon vinaigrette /12.95

POWER grilled chicken, marinated chickpeas, peppers, onion, avocado, toasted almonds, tossed greens, dijon vinaigrette /12.95

ROMA chicken cutlet, fresh mozz, roasted peppers, tossed greens, balsamic vinaigrette /12.95

GRILLED VEGETABLE grilled eggplant, zucchini, asparagus, portobellos, peppers, fresh mozz, tossed greens, balsamic vinaigrette /11.95

CHEF turkey, ham, swiss, tossed greens, choice of dressing /11.95

ENTREES

chicken

FRANCESE /14.95

PICCATA /14.95

PARMIGIANA /14.95

MARSALA /14.95

COUNTRY STYLE sausage, peppers, potatoes /14.95

A LA CASA artichoke, mushrooms, white wine /14.95

SPINACH AND ARTICHOKE roasted peppers, sun-dried tomato /14.95

CHAMPAGNE asparagus, prosciutto, fresh mozz, mushrooms, champagne sauce /14.95

SORRENTINO eggplant, prosciutto, fresh mozz, white wine, tomato sauce /14.95

eggplant

ROLLATINE /12.95

PARMIGIANA /12.95

shrimp

SCAMPI /14.95

SERVED WITH A SIDE OF PASTA OR SALAD

PASTA

MARINARA

ziti or linguine /10.95

BAKED ZITI /12.95

LINGUINE AND CLAMS

red or white /14.95

FETTUCINI ALFREDO /13.95

with chicken and broccoli /14.95

PENNE A LA VODKA /13.95

BOW TIE PRIMAVERA /12.95

ORECCHIETTE AND

BROCCOLI RABE

sun-dried tomato /13.95

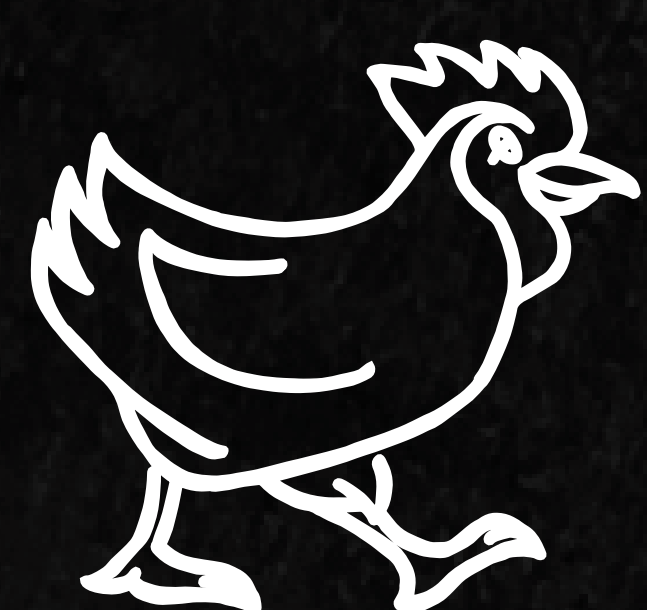
CAVATELLI AND BROCCOLI

sun-dried tomato /13.95

LASAGNA

meat or veggie /9.95

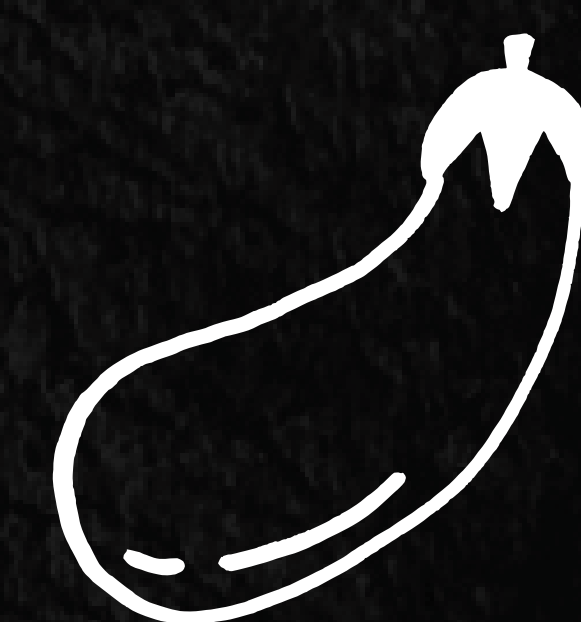
EXTRAS



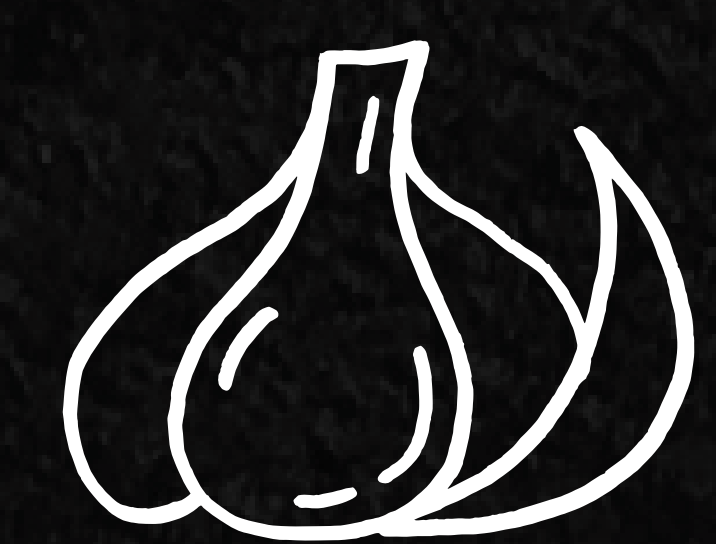
CHICKEN FINGERS /9.95



FRENCH FRIES /3.95



EGGPLANT ROLLATINE /5.95



GARLIC BREAD /2.95 /5.95

KIDS MENU

GRILLED CHEESE /5.95
TURKEY AND CHEESE /6.95
HAM AND CHEESE /6.95

CHICKEN FINGERS AND FRIES /10.95
PENNE MARINARA /5.95
PEANUT BUTTER AND JELLY /4.95

BREAKFAST

THE EGG SANDWICH

2 EGGS ON A ROLL /3.50
+ Cheese /.50
+ Choice of Meat /1.50
+ Home Fries /1.50
+ Extra Egg /1.00
+ Egg Whites /1.00
+ Specialty Bread or Wrap /1.00

SEGNGNATURE WRAPS

PROTEIN
egg whites, turkey, spinach, swiss /7.95
SLICED STEAK
egg, peppers, onion, horseradish cheddar /7.95
MEDITERRANEAN
egg, spinach, feta, mushrooms /7.95
SERINO
egg, broccoli rabe, bruschetta, mozzarella /7.95
BREAKFAST BURRITO
egg, mexican blend cheese, cilantro, chiles, avocado /7.95

THE FIELDWORKER

our legendary breakfast hero taylor ham, eggs, home fries, american cheese /8.95

TOAST /1.50
FRUIT CUP /4.50
YOGURT PARFAIT /4.50
MUFFIN /2.50

THE
BASICS

BUTTERED ROLL /2.00
BACON /3.00
SAUSAGE /3.00
HOME FRIES /3.00

omelette bar

PICK ANY TWO ITEMS /5.99

veggies

onion spinach mushrooms tomato
peppers zucchini broccoli broccoli rabe
artichoke asparagus potatoes bruschetta

cheese

swiss provolone muenster horseradish
cheddar pepper jack american cheddar
mozzarella parmesan chipotle gouda feta
goat

ADD MEAT /+3.00

turkey / taylor ham / bacon / sausage / ham / steak

SIDE OF HOME FRIES /+3.00